



WEBSITE

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MEALS ON WHEELS



MONDAY-SUNDAY

the **connaught**

MEALS ON WHEELS

This Service is operated **Monday to Sunday**. Your main meal and dessert are delivered to your home daily at midday by our dedicated team of volunteers.

Currently over 20 island residents enjoy this service. This service is available on the days that suits you.

Most dietary requirements can be met with prior arrangement.

Referrals can be made by either family, carer or self-referral, health care or care professionals to The Connaught on

01481 822756



KING PRAWN STIR FRY/SMOKED MACKEREL SALAD/RASPBERRY
CHEESECAKE/ROAST PORK BELLY/FISH AND CHIPS/APPLE TART/CHICKEN
AND MUSHROOM PIE/LEMON MERINGUE