



Committed to the
health and wellbeing
of our community

the **cónnaught**

CARING FOR ALDERNEY



Welcome to the Connaught



Choosing the right care home is one of the most important decisions you can make for yourself or for your loved ones, and it can be one of the most difficult. When visiting a potential care home, it is important to ask as many questions as needed to gain an accurate picture of day-to-day life at the home.

The Connaught Care home and Sheltered Living Accommodation are based on the beautiful island of Alderney in the heart of the Channel islands. We are in the centre of St. Anne, where is nothing too far.

An exceptional standard of care

The Connaught care services offers exceptional standard of care to meet each person's individual requirements. Whether a resident is ageing well or has specific conditions such as dementia or wants to remain independent within their own home, we focus on getting to know them to provide a truly person centered-approach.



Our mission - 'Dignity in Care'

We promote the dignity and self-worth of all our residents and strive to enhance and maintain each individual's quality of life by delivering person centred care services.

Our values:

- Human and civil rights
- Independence
- Dignity
- Respect
- Choice and Control
- Health, well-being and safety
- Social inclusion and community participation

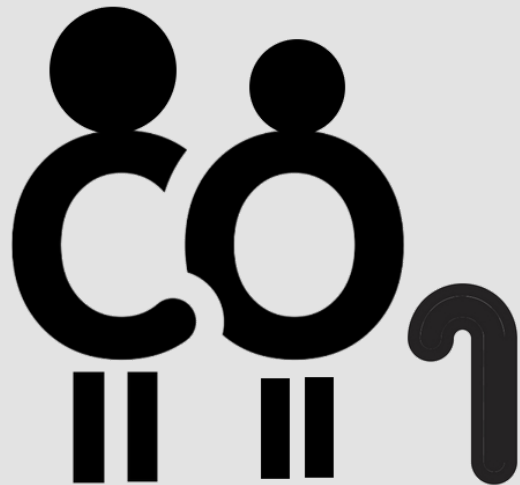


Our vision

'To provide the best possible person-centered care and an enhanced quality of life for our residents and the older people of Alderney'.

We will achieve this by a range of services including:

- Residential care
- Dementia care
- Respite care
- Day care
- End of Life care
- Domiciliary Care
- Meals on Wheels
- Lifeline



The Connaught Activities

All Alderney residents and their carers are welcome to join the Connaught activities delivered weekly for:

	Monday	Tuesday	Wednesday	Thursday	Friday
AM	Chair Yoga in The Connaught Dining room 10.30 am	Knitting and Crochet Club In The Connaught Dining Room 10.30 am	Art and Craft Club in The Connaught Dining Room 10.00 am	Church Service in The Connaught Lounge 10.15 am	Gentleman's Club 9.30 am Meet in The Connaught Lounge and Chair Yoga in The Connaught Dining Room 10.30 am
PM	Bridge Club in The Jubilee 2.00 pm Gardening club with Kev 2.30 pm Meet in The Connaught Lounge	Gardening Club With Kev 2.30 pm Meet in The Connaught Lounge	Age Concern Island Hall Meet in The Connaught Lounge 1.30 pm	Art and Craft Club In The Connaught Dining Room 1.30 pm	Sing a Long with Colin in The Connaught Lounge 3.30 pm

Taking care of all your needs

Care and Support

The Connaught is registered with Guernsey Health and Social Care Department (HSC) to provide 24 hour care and support for up to 27 residents including those with dementia.

We offer both long and short term - Respite Residential Care and day care services for adults (predominately over 65).

Our sheltered living accommodation provides 14 studio apartments with cooking facilities all with en-suite shower rooms.

All of the services are delivered by a team of dedicated, skilled, and trained social care professionals, in a homely, warm and welcoming environment.

Food and nutrition

The Connaught has a team of chefs producing delicious home-cooked meals for our residents or clients that are using Meals on Wheels service. Meals are balanced and nutritious in accordance with the needs of the individuals and any special dietary requirements.

Snacks and drinks are available throughout the day and the family or friends are welcome to join the residents for meals by prior arrangement.

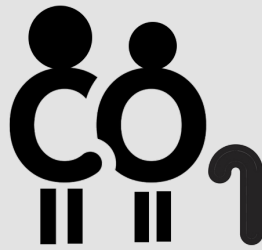


Services

Care and Support resources for older adults in Alderney - Community Resources



**Domiciliary Care
(Home Care)**



**Residential
Care**



**Sheltered
Living**



**Meals
on Wheels**



**Medical Appointment
Escort**



**Connaught
Day-Care**

Other useful services:



**Milly's
Foundation**



**Age
Concern**



Lifeline



**Occupational Therapy
and
Assisted Living**



Accommodation

In 2011 the Connaught moved to the new purpose-built premises that are joined to the existing Jubilee building by a linked corridor. The facilities include:



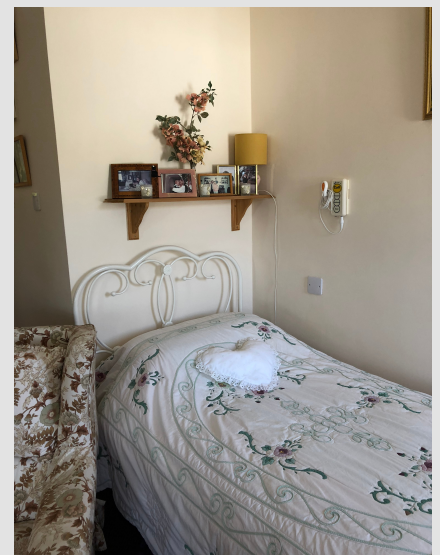
- 25 individual fully furnished en-suite bedrooms
- Two communal lounge areas
- A large dining room with kitchenette area
- Assisted bathing facilities
- Lift access
- Landscaped gardens
- Car parking facilities
- Mini bus and car



Accommodation

The Jubilee can provide both sheltered living and long term care accommodation for older adults dependent on care requirement. The accommodation provided includes:

- 14 Self-contained studio apartments
- Fully adapted bathing facilities
- A laundry room (serving both sites)
- A communal lounge
- A sun lounge
- Main kitchen (serving both sites)
- Gardens
- Full use of Connaught facility and activities



Location - Alderney cò



Alderney is based in the heart of Channel Islands. It is part of the Bailiwick of Guernsey, a British Crown dependency. It is 3 miles long and 1 1/2 miles wide. The area is 3 square miles, making it the third-largest island of the Channel Islands, and the second largest in the Bailiwick.

The Connaught Care home is in the center of St. Anne. Our care home is accessible from the Connaught side (Val Car Park) or from the Jubilee entrance at High Street.

Visiting

Family and friends are always welcome at The Connaught. By prior arrangement, guests can join residents at meal times too. As well as friends and family, there are visits from GP, chiropodist, hairdressers and volunteers.



Our Team

We hand pick our staff to ensure they are trusted care facilitators, committed to meeting residents individual needs whether they are ageing well or have specific medical requirements.



Whatever each person's individual circumstances, we pride ourselves on offering a community of care that looks closely at each individual person and appreciates their lifetime of experiences.



Please contact us on 01481 822756 to discuss your care needs or to arrange meeting. Visit www.connaughtcare.org to find out more.

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